

CASE REPORT

Spontaneous Retroperitoneal Hemorrhage in Anti-NXP2-Positive Dermatomyositis: a Rare but Severe Complication

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ABSTRACT

Background: Spontaneous hemorrhage is a rare but serious complication of dermatomyositis (DM).

Methods: We report a 61-year-old man with anti-NXP2-positive DM who developed a retroperitoneal hematoma without anticoagulation, shortly after corticosteroid initiation.

Results: Laboratory investigations demonstrated rhabdomyolysis, hepatic injury and coagulopathy. The patient was managed with red blood cell transfusion, factor VIII, high-dose corticosteroids and intravenous immunoglobulin, resulting in complete recovery.

Conclusions: Although hemorrhagic events in DM are most often linked to anti-MDA5 or anti-Ro52 antibodies, their association with anti-NXP2 antibodies remains uncertain. This case highlights the importance of early recognition and prompt intervention in managing spontaneous hemorrhage in DM.

(Clin. Lab. 2026;72:1-2. DOI: 10.7754/Clin.Lab.2025.250919)

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Supplementary Data



Figure S1. Erythematous rash over the face and posterior neck, consistent with the dermatomyositis-associated 'shawl sign'.

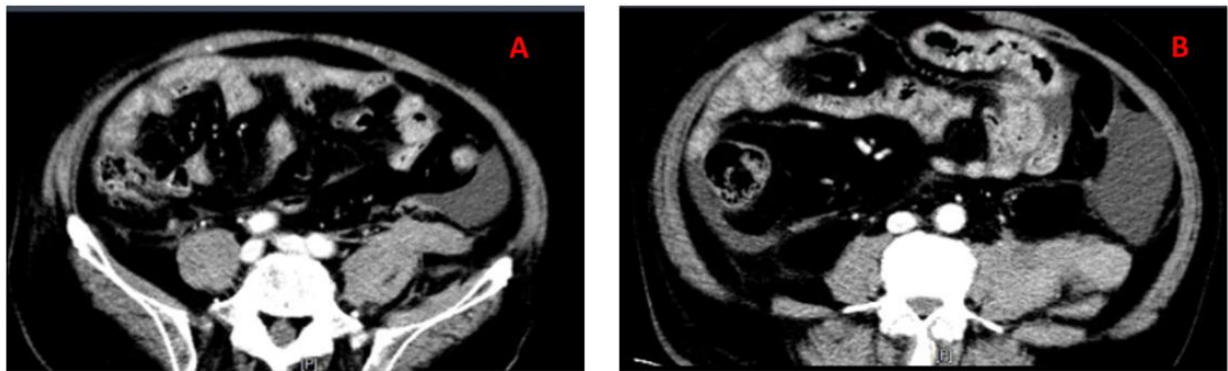


Figure S2. CT scan on day 10 revealed resolution of the retroperitoneal hematoma.